

COMPACT



St John the Apostle Parish

A Missionary of the Sacred Heart Parish

20th Sunday in Ordinary Time
18 August 2024

Year B
#38.24

Spiritual Nourishment

In the ancient world, to consume someone's flesh and blood was to take into oneself their very being—their essence, teachings, and spirit. This idea resonates powerfully in Jesus' words. When he speaks of eating his flesh and drinking his blood, he is inviting his followers to fully absorb and internalize everything he stands for. This is an invitation to embrace his teachings, his love, his sacrifice, and his very life.

Jesus goes on to say, "Whoever eats my flesh and drinks my blood remains in me, and I in them" (John 6:56). To partake in the Eucharist is to enter into a profound union with Christ. It is a mutual indwelling—Christ lives in us, and we live in him. This is not a mere metaphor but a deep spiritual reality.

The act of eating the bread and drinking the wine in the Eucharist is a tangible expression of this spiritual truth. It is an outward sign of an inward grace. Through this sacrament, believers receive spiritual nourishment that sustains them in their journey of faith.

This passage also emphasizes the eternal life that Jesus promises to those who partake in the Eucharist.

"Whoever eats my flesh and drinks my blood has eternal life, and I will raise them up on the last day" (John 6:54). This promise is a source of hope and assurance for believers. It signifies that through the Eucharist, we are united with Christ not only in this life but also in the life to come. The Eucharist is a foretaste of the heavenly banquet, a promise of resurrection and eternal life with God.

In receiving the Eucharist, we are called to a radical act of faith. We are invited to surrender our lives to Christ, to allow his presence to transform us from within. This transformation is not just a personal experience but a communal one. Through the Eucharist, we are united with our fellow believers in a bond of love and fellowship. We become the body of Christ, called to live out his mission in the world.

Based on: Gospel Reflection, by Greg Sunter

Parish Administration

Parish Priest

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Parish Office:

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Office Hours: Mon-Fri

9.00am-3.00pm

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MASS TIMES

Vigil Saturday 5:00pm

Sunday 8:30am, 10:00am, 6:00pm

Mon, Wed, Thurs, Fri 9:30am

Liturgy of the Word with Communion:

Tues 9:30am

Ministry

Sacristan: Maryanne Ferguson

kippax@cg.org.au

Pastoral Council Chair

Jenny McGee

Email: ppc.kippax@cg.org.au

Safeguarding Officers:

Carl Madsen and Jenny McGee

safeguarding.kippax@cg.org.au

ST JOHN THE APOSTLE PRIMARY SCHOOL

Principal: Matthew Garton

Pawsey Circuit Florey

Phone: 6258 3592

Email: office.sjaps@cg.catholic.edu.au

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St John the Apostle Parish Kippax

is committed to the care, wellbeing and protection of children, young people, and people at risk in our community.

PPC MEMBERSHIP

Why the Parish Pastoral Council needs YOU

(or someone you know...)

The Parish Pastoral Council's (PPC) responsibility is to assist the parish priest discern the present and future direction of the Parish through research, prayer, reflection and dialogue.

There are nomination forms in the foyer for you to complete and return to the parish office no later than Sunday 1 September.

SOCIAL JUSTICE SUNDAY 25 AUGUST

"Truth and Peace: A Gospel
Word in a Violent World"



Pins & Needles
Mon 19 August – 7:15pm
Parish Library

COMMUNITY CONNECTIONS

Connecting with people living alone

3rd Sunday of the month gathering
18 August at 4:00pm – 5:30pm
Parish Centre

WOMEN'S BREAKFAST



TUESDAY 27 AUGUST – 7:30AM
BEAN ORIGIN CAFÉ
NETTLEFOLD STREET BELCONNEN

St John's Friendship Group

next meeting on

Wednesday 28 August

for Mass at 9:30am, followed by morning tea in the parish centre.

Please come and join us, you are all most welcome.

Please bring a plate to share.

PARISH OPEN FORUM

Thursday 29 August

7:00pm – 8:00pm

Discussing the pastoral ministry to SJA Kippax and STA Charnwood by the Missionaries of the Sacred Heart of Jesus (MSC)



Register your interest by clicking on the QR Code and completing the online form.

CLAIM THE DATE
PARISH ASSEMBLY
Saturday 2 November

MASS OF THE SACRED HEART OF JESUS

1st Friday of every month ■ 9:30am

6 September 2024

Sacred Heart Devotion

The heart is the centre of our being, and the seat of our emotions and love. The Sacred Heart of Jesus symbolizes his great love for humanity. Jesus initiated this devotion out of his great love for us.

Thursday Night before 1st Friday

Prayer before the

Blessed Sacrament

Gethsemane Thursday

5 September

7:30 – 8:30pm



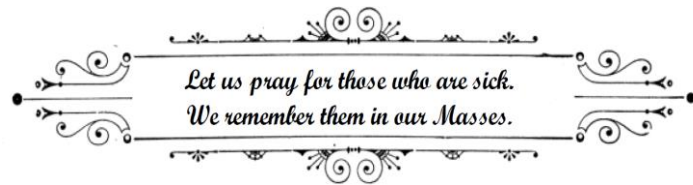
THANK YOU to everyone who has been able to contribute to Vinnies' 'One Thing More' initiative. An example of how you've helped: we were able to provide food to a single mum whose electronic voucher wasn't working so she had food for her children until a replacement card was organised.

SJAShop

Columban Calendars \$10.00 each

"Be on earth the Heart of God."

Heart Spirituality



Spiritual Reading

Reading spiritual books is good for souls who aim at perfection. It nourishes them with good sentiments and instructs them about their duties. Spiritual books prepare for prayer, and often bring it to completion. Spiritual reading is actually more useful than a conversation with the authors themselves. For what you have read once, you can return to, read again and meditate on often until you have made it your own completely. Since perfection consists in seeking in all things the will of God and doing it, apply yourselves to the reading of spiritual books. If you do that with attention, and desire to profit from it, this reading will give light to your soul and make you know the ways of God.

Jules Chevalier msc
Ecole du Sacré-Coeur, p. 163f Issoudun, 1892

Stewardship

Receiving the Eucharist with Gratitude

If we really spent time contemplating the gift our Lord is offering us in the Eucharist, we would be awestruck at the love and power in this gift. Through it, our Lord is giving us the very best He has to give — Himself. Not even the greatest theological scholar or the holiest of saints can fully understand this mystery.

Thankfully we don't need to be a saint or a scholar to receive this gift. But we should do our best to receive the Eucharist with gratitude. And we can look to today's readings to glean two fundamental principles for becoming better Christian stewards.

The Eucharist is the foundation for a stewardship way of life. Through His gift of the Eucharist, God fills us with His love and strength. This love and strength empower us to live as generous stewards — to be faithful to the ministries we serve in, joyful in material giving, and offer our very best to our families and secular work.

Recently Deceased:

Annie Gill [mother of Tony]

Anniversary: Denise Smith, Lesley Givens, Leslie Ferry, Ray Allen, George Brettell, Horst Lawatsch, Margaret Chinn, James Marlor, Iris Schofield, Zenona Skiba, Emily Jacob, William Smith, John Ray, Joseph Zuk, Ronald Ryan, Alfred Niquet, Jill McNevin, Majorie Carew, Edmund Kennedy, Alexander Aikman, Hedwig Von Straaten, Winifred Bridges, Joseph Weinheber, Andres Munoz, Tere Fearon, Bill Fearon, Ann Yoo, Sheila Dignam, Antonia Mrsnik, Armando Cavuoto, Patrick Sheehan, Barry Cormack

Mass Intentions the week of 19 - 25 August

Mon 19/08	Mary Sumitra & Agostin
Wed 21/08	Special Intention
Thur 22/08	Melvyn D'Souza
Fri 23/08	Anne Hartney

Sat 24/08	
5:00pm	

Sun 25/08	
8:30am	
10:00am	
6:00pm	

To ensure that a mass time is available please telephone the parish office to make a booking.

May the Sacred Heart of Jesus be everywhere loved.....forever!

Stay for a cuppa



Join us in the parish foyer after the 10:00am mass on Sunday **25 August** for a cuppa. While you indulge in a coffee catch up with parishioners or introduce yourself to someone you do not know. Feel free to bring something to share. All are welcome! We look forward to seeing you there.

Anyone wanting help please leave a message for Jenny McGee on 0481 706 966

SACRAMENTAL LIFE

Baptisms	1st & 3rd Sun during Mass
Reconciliation	Sat 4:00pm – 4:30pm
Sacramental Program	Contact Parish Office
School of Religion (Parish Centre)	Sunday 9.15am during school term

PRAYER LIFE

Charismatic Prayer: Maida: 0423 658 326	Thursday 10:00am
Meditation	Friday 5:15-6.30 pm
Rosary	Monday – Friday 9:05am
Eucharistic Adoration	1st Thursday of the Month 7:30pm – 8:30pm
Adult Choir	Wednesday 7:30pm

SOCIAL LIFE

SJAFriendship Group	Last Wednesday of the Month 9:30am Mass and morning tea
Pins & Needles	3rd Monday of the Month 7:15pm Parish Library
Women's Breakfast	4th Tuesday of the Month 7:30am Bean Origin Belconnen
Men's Group	3rd Friday of the Month 6:00pm Parish Centre
Movie Night	4th Friday of the Month 7:00pm Parish Library
Community Connections	3rd Sunday of the Month 4:00pm – 5:30pm Parish Centre

RESPONSE TO THE PSALM:

Taste and see the goodness of the Lord.

GOSPEL ACCLAMATION:

Alleluia, Alleluia!

All who eat my flesh and drink my blood live in me and I in them, says the Lord.

Alleluia!

Readings 25 August 2024

First Reading	Joshua 24:1-2, 15-18
Psalm	Ps 33:2-3, 16-23
Second Reading	Eph 5:21-32
Gospel	John 6:60-69

Bequest: Have you ever thought of leaving a Bequest to your parish?

By remembering your faith community in your Will, you contribute to the spiritual legacy that has enriched your life. Your bequest ensures the continuation of the traditions, teachings, and support that have shaped your journey.

ROSTERS

25 Aug Acolyte Roster

5:00pm	Anthony Jayawardena, Chitra Jayawardena
8:30am	Sigrid Kropp, Lourdes Asoy
10:00am	Anthony Noakes, Dennis Puniard
6:00pm	Sabina Van Rooy, Peter Polkinghorne

25 Aug Lector Roster

5:00pm	Judy Netting, Gordon Donnir
8:30am	Shane Murtagh, Victoria Gonzales
10:00am	Marini Ignatius, Edgar Nnajide
6:00pm	Marian Crowley, Andrew Luck

25 Aug Ministers of Communion

5:00pm	John Drury, Laurine Smeaton
8:30am	Darren Maharaj, Maureen Burgess
10:00am	Boni Benedictos, Rosa Benedictos
6:00pm	Brian Mahony, Priscilla Momi

25 Aug Hospitality Roster

5:00pm	Joan Galpin, Marie McKie
8:30am	Joan Beswick, Pamela Blackwell
10:00am	Margarete Gill, Marini Ignatius
6:00pm	Francesca Deklin, Joy McInerneys

25 Aug SJAShop

5:00pm	
8:30am	
10:00am	Judy Mewburn
6:00pm	

Weekly Rosters

Altar Society	18 Aug	Mary Cruickshank
Church Cleaning:	19 Aug	Caroly Blyth, Nishan Upasena, Dushyanthi Upasena

On a Lighter note,

