

# COMPACT



## St John the Apostle Parish

*A Missionary of the Sacred Heart Parish*

**13<sup>th</sup> Sunday in Ordinary Time**  
**30 June 2024**

**Year B**  
**#30.24**

### Faith and Healing

Today we are presented with two intertwined stories of faith and healing: the resurrection of Jairus' daughter and the healing of the woman with a haemorrhage

The woman in the story suffers from a chronic and severe physical complaint, an unending flow of blood, which has left her physically weakened, emotionally drained, and spiritually desolate. Her condition not only affects her health but also ostracizes her from society, rendering her ceremonially unclean according to Jewish law. Her desperation drives her to seek out Jesus, believing that merely touching his garment would heal her. This act of faith, despite her fear and societal restrictions, is testament to her profound hope and determination for a better life.

For many of us, there are aspects of our lives that mirror the woman's condition, draining our energy and preventing us from reaching our full potential. These could be unhealthy relationships, addictions, lack of confidence, grudges, or emotional instability. Such issues can create a constant outflow of energy and emotion, akin to a personal haemorrhage, leaving us exhausted and spiritually depleted.

The woman's story in Mark's Gospel offers a powerful reflection on the need for healing and restoration. Her faith in Jesus and her belief in his power to heal brings about a miraculous change in her life. This story encourages us to seek out the sources of our own haemorrhaging, to identify the areas in our lives that drain us, and to have the courage and faith to seek healing.

Just as Jesus responded to the woman with compassion and restored her to health, we too can find solace and strength through faith, community support, and personal growth. By addressing the aspects of our lives that drain us and seeking help, whether through prayer, counselling, or supportive relationships, we can begin the journey toward healing and wholeness. Calling on God to heal what needs healing within us.

*Based on: Have you thought? What's my haemorrhage?*  
By Greg Sunter

## Parish Administration

Parish Priest

Fr. Tru Nguyen msc

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Assistant Priest

Fr. Chung Tran msc

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Pastoral Associate/Parish Manager  
Marian England

Email: [marian@stjohnkippax.org.au](mailto:marian@stjohnkippax.org.au)

Parish Secretary Sharon Greaves

Email: [kippax@cg.org.au](mailto:kippax@cg.org.au)

Finance Officer Kirsty Vera

Email: [kirsty@stjohnkippax.org.au](mailto:kirsty@stjohnkippax.org.au)

### Parish Office:

25 Blackham Street HOLT ACT

Office Hours: Mon-Fri

9.00am-3.00pm

Telephone: 6254 3236

Email: [kippax@cg.org.au](mailto:kippax@cg.org.au)

Web: [www.stjohnkippax.org.au](http://www.stjohnkippax.org.au)

### MASS TIMES

Vigil Saturday 5:00pm

Sunday 8:30am, 10:00am, 6:00pm

Mon, Wed, Thurs, Fri 9:30am

Liturgy of the Word with Communion:

Tues 9:30am

### Ministry

Sacristan: Maryanne Ferguson

[kippax@cg.org.au](mailto:kippax@cg.org.au)

Pastoral Council Chair

Jenny McGee

Email: [ppc.kippax@cg.org.au](mailto:ppc.kippax@cg.org.au)

Safeguarding Officers:

Carl Madsen and Jenny McGee

[safeguarding.kippax@cg.org.au](mailto:safeguarding.kippax@cg.org.au)

### ST JOHN THE APOSTLE PRIMARY SCHOOL

Principal: Matthew Garton

Pawsey Circuit Florey

Phone: 6258 3592

Email: [office.sjaps@cg.catholic.edu.au](mailto:office.sjaps@cg.catholic.edu.au)

[www.sjaps.act.edu.au](http://www.sjaps.act.edu.au)



**St John the Apostle Parish Kippax**

is committed to the care, wellbeing and protection of children, young people and people at risk in our community

## Stay for a cuppa.

Join us in the parish foyer after the 10:00am mass on Sunday 21 July for a cuppa. While you indulge in a coffee catch up with parishioners or introduce yourself to someone you do not know. All are welcome! We look forward to seeing you there.

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### MASS OF THE SACRED HEART OF JESUS

1<sup>st</sup> Friday of every month ■ 9:30am

#### Sacred Heart Devotion

The heart is the centre of our being, and the seat of our emotions and love. The Sacred Heart of Jesus symbolizes his great love for humanity. Jesus initiated this devotion out of his great love for us.

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### Archbishop Christopher Prowse Pastoral Visit to Kippax and Charnwood Parishes

Archbishop Christopher Prowse will visit Kippax and Charnwood parishes between 4-7 July. He will also be visiting the primary schools. There will be a combined meeting with Kippax and Charnwood parishes various councils and the Archbishop.

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### Gethsemane

Thursday 4 July 2024  
Contemplative Prayer with  
the Blessed Sacrament  
7:30pm – 8:30pm

*Could you not stay awake with me  
one hour.*  
Matt 26:40

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Pins & Needles  
Mon 15 July – 7:15pm  
Parish Library

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### COMMUNITY CONNECTIONS

*Connecting with people living alone*

2<sup>nd</sup> Tuesday of the month Coffee Group  
9 July – 2:00pm Ichi Café at Kippax  
Contact: Barbara Mawson 6254 7989  
**What's with the blue bins?**

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Due to increasing demand, your local Vinnies group is introducing a new initiative called "One Thing More" into the Parish. The idea is that you buy one thing more when doing your weekly / fortnightly grocery shop, which you drop into one of the blue bins when you come to Church. It shouldn't be expensive (eg a bag of pasta that's on 'special', a can of tuna etc), but it does need to be non-perishable. Vinnies will collect the donations and distribute them to people calling us for help during the week. It's a very small thing, but if enough people contribute, then together we can make a big difference.

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### POETRY, PRESENCE & PAYDAY: AQUINAS ON THE EUCHARIST REV DR JOSEPH VNUK OP

To mark the occasion of the 750<sup>th</sup> anniversary of St Thomas Aquinas and to coincide with the 50<sup>th</sup> anniversary of the St Thomas Aquinas Parish Charnwood  
July 18 2024 - 7:00pm  
St Thomas Aquinas Primary School Hall  
RSVP: [charnwood@cg.org.au](mailto:charnwood@cg.org.au) by July 10

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### Archbishop's St Mary MacKillop Pilgrimage

Our Lady Star of the Sea Church  
88 Calle Calle Street Eden  
Saturday 3 August 2024 leaving  
St Christopher's Cathedral by own transport  
at 7:30am  
Bookings:  
<https://www.trybooking.com/events/landing/1228948?>

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### Tim Fischer Oration on Ethics in Public and Political Life 2024

7 Augst – 6:00PM

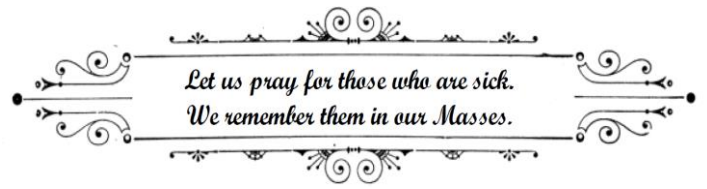
**Speaker:** Professor Helen Alvare, Levy Endowed Chair in Law and Liberty at Antonin Scalia Law School, George Mason University Virginia USA

**Q&A:** Chris Uhlmann, Political Journalist and TV Presenter **For more information & tickets visit** [www.tfo.org.au](http://www.tfo.org.au)

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**“Be on earth the Heart of God”**

# Heart Spirituality



## Prayer

Jesus says, "Ask, and you will receive; seek, and you will find; knock, and the door will be opened to you. For everyone who asks will receive; whoever seeks will find; and the door will be opened to anyone who knocks." These are the words dictated by my love, which is more eager to give than people are to receive.

It hastens to open the door for them, afraid they might have to wait too long. Note how my love multiplies its promises in order to make you more confident in asking for the graces you need, and to prepare you to receive them. If you want to become perfect, raise up to me the cry of your distress; lay your needs before me, and I promise you my help without fail.

Jules Chevalier msc  
Ecole du Sacré-Coeur, p. 145f Issoudun, 1892

## Stewardship

### Do not be afraid: have Faith

Our readings today remind us that our God is a tender and loving God.

In our Gospel, Jesus heals an ill child. An anxious and loving father sought after Jesus so that his daughter might be cured of her illness. Recall a moment when you felt like you hit rock bottom. Maybe you received devastating news, someone died, you lost your job, you were fighting addiction, or you were suffering mentally, spiritually or physically. Maybe you are living that moment or maybe that moment is yet to come.

In that time, imagine Jesus looking at you and saying, "Do not be afraid; just have faith." Whether we are healed like the little girl in our Gospel in this life, or we carry our suffering with us until we reach the next, if we remain faithful, Jesus will one day say to us, "Little girl or little boy, I say to you, arise!"

In the midst of our suffering, God is right there with us.

[www.catholicsteward.com](http://www.catholicsteward.com)

## Recently Deceased:

Marian Gerstenberg

**Anniversary:** John Lazaro, Mildred Holland, William Edmunds, Rohan Murphy, Norah Keneally, Garrick Kelly, Rebecca Malone, Jan McDonough, Stanley Howell, Narelle Karling, Lynne Williman, Philip Connolly, Daniel Worner, Catherine Farrugia, Nigel Smith, Gilbert Hall, Patrick Salmon, Jean Irvine, Hortencia Cid, John Bell, Jack Synnott, Elizabeth Dennison, John O'Brien, Steven Argy, Joe Mewburn, Rosalie Callaghan, Constance Crowe, Gertrude Czarnik, Conner Cooke, Anne Patterson, Sam Ford, Elsie Bingham, Christopher Davis, Mary Ryan, Josephine Allester, Doris Galea, Mollie Paterson, Marie Richards, Chris Penders, John McEnaney, Leon Nguyen, Linda Dawson, Bernard Armstrong, Thomas Hallahan, Laurence Swift, Victoria Norton, Bede Stinson, Lionel Carberry, Jan Kurzynski, Joan Ferguson, Catherine Raadts, Josephine O'Kane, Monique Pearce

## Mass Intentions the week of 1 – 7 July

Mon 01/07	Mary Sumitra, Raman Nicholas & Christopher Perera
Wed 03/07	Irene Jayawardena
Thur 04/07	Hugh Sweeney
Fri 05/07	Doris Galea
<b>Sat 06/07</b>	
5:00pm	Grace & Michael O'Brien
<b>Sun 07/07</b>	
8:30am	
10:00am	
6:00pm	

**To ensure that a mass time is available please telephone the parish office to make a booking.**

**Save the Date: 8 August**

**Archdiocesan Women's breakfast with Dr Helen Alvare**

Thursday, 8 August, 7.30 - 9.00am Join us as we explore meaningful connections, marriage, family, career, mission and community-building. More details to come!

Contact: [communications@cg.org.au](mailto:communications@cg.org.au)

**May the Sacred Heart of Jesus be everywhere loved.....forever!**

# SACRAMENTAL LIFE

Baptisms	1st & 3rd Sun during Mass
Reconciliation	Sat 4:00pm – 4:30pm
Sacramental Program	Contact Parish Office
School of Religion (Parish Centre)	Sunday 9.15am during school term

# PRAYER LIFE

Charismatic Prayer: Maida: 0423 658 326	Thursday 10:00am
Meditation	Friday 5:15-6.30 pm
Rosary	Monday – Friday 9:05am
Eucharistic Adoration	1 <sup>st</sup> Thursday of the Month 7:30pm – 8:30pm
Adult Choir	Wednesday 7:30pm

# SOCIAL LIFE

SJAFriendship Group	<i>Last Wednesday of the Month 9:30am Mass and morning tea</i>
Pins & Needles	<i>3<sup>rd</sup> Monday of the Month 7:15pm Parish Library</i>
Women's Breakfast	<i>4<sup>th</sup> Tuesday of the Month 7:30am Bean Origin Belconnen</i>
Men's Group	<i>3<sup>rd</sup> Friday of the Month 6:00pm Parish Centre</i>
Movie Night	<i>4<sup>th</sup> Friday of the Month 7:00pm Parish Library</i>
Community Connections	<i>3<sup>rd</sup> Sunday of the Month 4:00pm – 5:30pm Parish Centre</i>

## RESPONSE TO THE PSALM:

I will praise you, Lord,  
for you have rescued me.

## GOSPEL ACCLAMATION:

Alleluia, Alleluia!

Our Saviour Jesus Christ has done away  
with death and brought us life  
through his gospel.

Alleluia!

## **Readings 7 July 2024**

First Reading	Eze 2:3-5
Psalm	Ps 122
Second Reading	2 Cor 12:7-10
Gospel	Mark 6:1-6

### **Bequest: Have you ever thought of leaving a Bequest to your parish?**

By remembering your faith community in your Will, you contribute to the spiritual legacy that has enriched your life. Your bequest ensures the continuation of the traditions, teachings, and support that have shaped your journey.

# ROSTERS

## 7 July **Acolyte Roster**

5:00pm	John Hogan, Rodney Gardiner
8:30am	Lourdes Asoy, Victoria Gonzales
10:00am	Elaine Carter, Maxime Kpudzeka
6:00pm	Sabina Van Rooy, Peter Le

## 7 July **Lector Roster**

5:00pm	Fay Padarin, Marian England
8:30am	Elizabeth McDonald, John O'Heir
10:00am	Frank Colley, Robin Williams
6:00pm	Joe Ots, Busi Nkomo

## 7 July **Ministers of Communion**

5:00pm	Judy Netting, Chitra Jayawardena
8:30am	Bernadette Murnane, Pat Cowburn
10:00am	Anthony Noakes, Shovin Weerawarnakula
6:00pm	Joy McInerney, Peter Igoe-Taylor

## 7 July **Hospitality Roster**

5:00pm	Kay Dwyer, Chitra Jayawardena
8:30am	Carmel Screen, Rob Breen
10:00am	Libby Kain, Margaret Sheehan
6:00pm	Christine Lancaster, John McGee

## 7 July **SJAShop**

5:00pm	Lynn O'Brien
8:30am	Marilyn Calliess
10:00am	
6:00pm	

## Weekly Rosters

Altar Society	30 June	Chioma Nnajide
Church Cleaning:	1 July	Joseph Le Van Hai, Lanh Dang, Sam Van Nguyen

## On a Lighter note

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—GLASBERGEN

"I TURNED IN MY HOMEWORK TWO DAYS LATE,  
BUT NORMALLY IT'S FOUR DAYS LATE,  
SO TECHNICALLY IT'S EARLY!"